

gives us a ray of hope. We know that chloride of sodium is an important constituent of the blood, though a small one, water essential and immense, and the immersion of the body in a hot brine bath would lead to an inhibition of fluids, that, combined with copious supplies of fluid nourishment, would meet some of the most important requirements of the disease.

As regards Cholera, nothing can be more irrational than individual *panic*, nothing more unwise than *individual* indifference; we can all (especially if householders) from the highest to the lowest help on *prevention*. Our first line of defence is State sanitation, an iron sanitary blockade of our ports, our next Municipal—through Medical Officers of Health—last but *not* least, Household sanitation, acting through the Health Authorities in the matters of drainage and water supply. We do not “catch” Cholera as we do Influenza. To have Cholera we must drink Cholera, and it is our own faults if we do. Boil all water drunk in the house, and otherwise carry out in our own homes the instructions of our local Medical Officers of Health, and we need have but little fear of a visitation of Cholera—one of those things once seen, never forgotten.—I am, dear Sir, yours truly,

JUSTITIA.

To the Editor of “The Nursing Record.”

SIR,—I see in your issue of September 29th you say that I am delivering a course of lectures at St. Luke's Convalescent Home, *Exeter*. In correction, may I say that this Home is at *Exmouth*, a small sea-side town about 10 or 12 miles from Exeter, and that my lectures are delivered in the large sitting-room there.—I am, yours truly,

EDITH WILLIAMSON, M.R.B.N.A.
Exeter, October 7th, 1892.

Replies to Correspondents.

J. F. C.—We should advise you to write to Mr. Gofton Salmond, 73, Cheapside, E.C., as he would probably be able to give you the best information on the subject.

Nurse.—We do not at all “wonder” that you have received no answer to your inquiries. We are always agreeably surprised when the Secretary of the Association condescends to acknowledge the receipt of our own communications. It would be much wiser for you to write privately to the Hon. Secretary, as you suggest. You would at least meet with the courtesy which your own sex do not seem to invariably bestow.

Registered.—Yes, we think the suggestion is very good, and we will give it our careful consideration.

The poor little mouse, who so little conceals her fright of the Cat under the shrill squeak of abuse, is wise to have maintained her obscurity.

Miss E. Wright.—You could not do better than send your gifts to the Shadwell Hospital. It also meets your desires as to training, students &c. But if you desire to become a trained Nurse you should try to gain admission into a large General Hospital which trains for three years, full particulars of which you would obtain from the Nursing Directory (price 5s. post free) from the Record Press, 376, Strand.

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